

the BEACHPLUM SAMPLER



The Newsletter of the Beachplum Quilters of the Jersey Shore

Volume 29 Issue 1 September 2014

Celebrating Our 29th Year 1985-2014

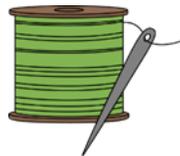
N.Q.A. N.J. Chapter #321

President's Message

We all love our quilting, but sometimes friends and family just don't understand. Well, here's something to celebrate... quilting is actually good for us! Studies have shown that this creative outlet has benefits for our well-being. It brings a sense of personal satisfaction. Quilting calms the brain...we are doing repetitive motor activity and that is a calming action. Quilting reduces stress levels (we all know about stress!). It also causes a drop in heart rate and blood pressure. Let's face it, quilting makes us happy and that produces those "happy brain chemicals". Quilting is challenging... all that math helps to keep our cognitive juices flowing. Participating in an activity that reduces our stress level is truly a good thing and having a healthier heart rate means we will have a longer life...that means more time to sew quilts. So let's all be on a "health kick" this year and **Quilt On!**

We are on our way to another wonderful year at Beachplum Quilt Guild. We can share in our quilting fellowship and learn from each other. Our program chair, Paula Patri, has been busily working all summer to plan our monthly meetings. I hope you enjoy all the activities she has planned.

happy quilting!
jackie



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Meetings/Events Calendar 2014- 2015

- Sep 19—Pizza Party, Big Show & Tell and Fabric Sale
- Oct 17—Hawaiian Quilts
- Oct 18—Hawaiian Quilts Workshop (group 1)
- Oct 25—Hawaiian Quilts Workshop (group 2)
- Nov 21—Make It & Take It
- Dec 19—Holiday Dinner and Scrap Exchange Part 1
- Jan 16, 2015—QUILTO and Scrap Exchange Part 2
- Feb 20—TBA
- Mar 20—Norma McAfee
- Apr 11 - Luncheon at Lobster Shanty with speaker Jackie Kunkel from Connecticut
- Apr 17—Michele Scott and Scrap Exchange Part 3
- Apr 18—Workshop—Bobbinpalooza
- May 15—Donna Painter
- Jun 19—Installation Dinner

Minutes of June 19, 2014 Meeting

The meeting was called to order at 6:30 pm by president Ellen H.

The members enjoyed a great variety of foods from the kitchens of our members for the June dinner.

The luncheon 2015 raffle quilt was displayed.

Charity quilt changes to our by-laws were accepted as written in the newsletter. Ellen asked members to submit names and towns to be recipients for future charity quilts.

Treasurer's report from Ann B.: Quilt show profit of \$2,432.32 and checkbook balance \$9,767.97.

A program set for next year is a Hawaiian Quilt workshop with Gail Small. Further information to follow.

September will be the annual Pizza Party, and fabric sale. Please label donated fabric with the size of the piece. *(Ed. update: All fabric is being donated by Joyce W.)*

The attendance drawing for the past year was 3rd place to Chris Lee, 2nd place to Joyce Weiss and FIRST place, a fabulous Rich Hyers thread caddy went to Jean C.

A Rich Hyers miniature quilt rack was given to Marcia G. for volunteering her time and longarm for guild charity quilts.

The officers for 2014-2015 were accepted as written in the newsletter. Ellen transferred the gavel to Jackie Pearce, a new one made for the guild by Rich H. Thank you Rich.

The guild now has a new email address: beachplumquilters @ Gmail.com.

Meeting adjourned at 8:45PM.

Respectfully submitted,

Jane Schoonfield



Membership—Dues

It's time to renew your Beachplum membership. We will be taking dues at the September meetings. You can also mail your dues to Marlene S. The membership forms and Marlene's address are located on the website under "Membership."

Dues for the 2014-2015 year are \$25.00. The directory will be printed and distributed at the October meeting. To ensure that you are included in the directory, please be sure to renew your dues by the September 19, 2014 meeting. Thanks!

Beachplum Programs 2014 - 2015

Welcome back everyone! I hope you all had a restful, enjoyable summer, and are now ready to join together at our meetings for some quilting fun. Here's a preview of what's in store for the coming year:

September 19th - Pizza Party & Fabric Sale

One woman's fabric "trash" is another woman's fabric "treasure".

October 17th - "Hawaiian History and Culture" by Gail Small

Gail will present a slide show and share Hawaiian handcrafts (including quilts, of course). She'll also dance the hula for us!

October 18th Workshop - "Hawaiian Applique" by Gail Small

Workshop will be held at the Presbyterian Church from 9 am to 3 pm. Participants will receive a supply list, see Paula at the September meeting. Also, if you haven't yet paid your workshop fee, please give your \$10 cash to Paula at the September meeting. Thanks!

[Ed. note: A reprise of this workshop will be held October 25th, 9:30-3:30 at the Toms River Library. Sign up at the September meeting.]

November 21st - Yo! Yo! Yo! Make and Take Holiday Tree

An easy, but sweet project. You'll need some fabric scraps, needle & thread, thimble, and scissors. Supply list will be published in the October Newsletter.

December 19th - Party Animals Unite...for the Annual Holiday Dinner

Get cooking, wear your holiday colors and be ready to socialize. In addition, Part 1 of the Scrap Exchange begins at this meeting. See page 6 for details.

January 16th - Quilto

The annual bingo (er, Quilto) game with prizes galore. Remember to bring your lucky buttons. Also, Part 2 of the Scrap Exchange.

February 20th - Still looking for a speaker to brave the winter weather

Back-up Plan...Round Robin....Will get back to you J

March 20th - "A Quilter's Journey" by Norma McAfee

Norma will present a trunk show illustrating her quilting evolution. She comes to us from the Love Apple Guild, my old stomping grounds.

April 17th - "Every Quilt Tells a Story" by Michele Scott (by popular demand)

70 quilts will be circulated (yes, you can touch them) as Michele tells the story of her journey from novice to professional quilter. Mishaps and missteps along the way? Oh, yes! Always funny in hindsight. Also, Scrap Exchange Part 3.

April 18th Workshop - "Babbinpalooza" by Michele Scott

Full day - Machine class focusing on threads, machine tension, bobbin quilting, and SO much more. Details will be provided in a later newsletter.

May 15th - "Abby's Quilting Corner" by Donna Painter

Donna will "present" her one-woman shop, "Abby's Quilting Corner", which is located in Middletown, NJ. She'll speak about the latest quilting tools available & share many of her fabulous quilts.

June 19th - Installation Dinner & Yearly Wrap-Up

Our guild sure knows how to party!

Paula P. , Program Chair

Kathy McE. & Barb E., Program Elves

PS: I tried hard to match suggestions and members' needs indicated on the program surveys that everyone filled out last May with the programs arranged for this year. As I'm here to serve you, please feel free to let me know what you like or dislike. I will take all suggestions seriously as I want the meetings to be of interest to all our members.

Show & Tell June 2014

- Joyce W: Indonesian batik, from the speaker on Indonesian batiks
- Laurie S: double wedding ring (c. 2006?) and 2008 workshop quilt
- Nancy D: baby quilts for her niece
- Jane S: BoM with batik accents
- Mary Lou GB: Bear and Symphony in B for granddaughter who is a music teacher
- Marcia G: 5 charity quilts made by various people and quilted on longarm and a completed UFO that had been purchased at the Country Store
- Ann B: Pink Streak from a mystery class at Quilting Possibilities in 2006
- Chris L: wedding quilt, made as a gift



Joyce



Laurie



Laurie



Nancy



Nancy



Nancy

Show & Tell June 2014, continued



Jane



Mary Lou



Mary Lou



Charity



Charity



Charity



Charity



Charity



Marcia



Ann



Chris

SCRAP EXCHANGE & CHALLENGE

1. December meeting: Each person brings 3 coordinating fabrics (each fabric piece 12 1/2 inches sq. or bigger).
 Bring fabrics in a bag but not see-through bag.
 Each person takes a different bag and makes a 12 1/2 in. block using all three fabrics (one fabric can be minimal but use all three). Block can be pieced or appliqué, embellished or not; be creative.
2. January meeting: Completed blocks are returned to Pru Parcell. Maker's name goes into pool for the final drawing. Pru will put blocks together and machine quilt (size will depend on how many blocks are returned).
3. April meeting: Drawing for a winner.

Let's have some FUN with FABRIC!

2015 Challenge for Beachplum's 30th Anniversary

Ann Bergstedt will have challenge bags available at the September meeting. In the bag you will receive fabric, instructions, and the rules of the challenge. You can make anything you like, within the parameters of the rules. No one else is to see your project until presentation time. Finished Challenge Quilts will be due at the April 11th Luncheon, where those present will vote for their favorites. 1st, 2nd & 3rd place awards will be presented at that time. Please bring \$3.00 cash to the meeting if you want to purchase the Challenge Bag for 2015.

Quilt Size & Yardage Chart

	Size Range Width x Height		Yards for Backing 45"-Wide		Diagram to Piece Backing		Yards for 2 1/2" Binding 45"-Wide		Mattress Top Size	Pillow Size	Pillow Case Size
	Minimum*	Maximum**	Min.*	Max.**	Min.*	Max.**	Min.*	Max.**			
Crib	30"x40"	48"x60"	1 1/4	3			1/4	1/2	26"x48" 27"x50" or 28"x52"	—	—
Throw	approx. 54"x72"		3 1/2				1/2		—	14"x20" Travel-Size	14"x23" Travel-Size
Twin	63"x87"	87"x114"	5 1/4	7 3/4			3/4	3/4	39"x75"	20"x26" Std.-Size	20"x30" Std.-Size
Full	78"x87"	102"x114"	5 1/4	9 1/4			3/4	1	54"x75"	20"x26" Std.-Size	20"x30" Std.-Size
Queen	84"x92"	108"x119"	7 1/2	9 1/2			3/4	1	60"x80"	20"x30"	20"x34"
King	100"x92"	124"x119"	8 1/4	11			3/4	1	76"x80"	20"x36"	20"x40"

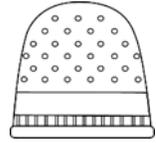
*Minimum: Twin thru King, drop of 12" on each side and bottom
 **Maximum (for thicker mattresses and/or taller beds): Twin thru King, drop of 24" on each side and bottom, plus 15" on top to cover pillow(s)
 • Some fabric amounts have been rounded up to the closest quarter-yard measurement.
 • All fabric amounts are based on 45"-wide fabric.
 • Great care has been taken to ensure that these calculations are correct, but we cannot guarantee their accuracy and, in turn, do not assume any responsibility or liability for them.
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Clip and Save

Quilting Tips

One of the wonderful benefits of a quilt guild is sharing and learning from each other. We are going to try a new addition to the newsletter each month. This will be a place where we can post quilting websites and tips. All members are welcome to contribute. There are so many great videos and websites on the internet. Send your quilting tips to Marcia.



In addition, you are welcome to submit a (free) classified ad for anything sewing or quilting related. You can post items you want to sell or give away, or items you are searching for.

From Jackie:

This short video shows how to square up your fabric.

leahday.com/art-squareupfabric/

From Shirley M: Here is a website that collects wedding gowns to make dresses for babies that died in the hospital. The children are dressed in these handmade gowns for burial. What a great use for that old wedding dress in the attic from 40 years ago.

<http://www.nicuhelpinghands.org/lend-a-helping-hand/angel-gowns/>

Something to Celebrate

How do you celebrate when you reach a personal milestone? Lots of women reward themselves for working out or losing weight with a manicure or a massage. Some people celebrate when they meet a deadline by having a drink or a chocolate bar. I believe in motivation, so I have a whole system of goals to reach and the reward I will celebrate with when I accomplish my goal. Here's my chart:

Lose 5 pounds.....	New fabric
Clean the garage.....	New fabric
Declutter my closet.....	New Fabric
Work out three times a week.....	New fabric
Vacuum.....	New fabric
Feed the dog.....	New fabric
Get out of bed in the morning.....	New fabric
Find a great deal on fabric.....	New fabric

From the Missouri Star Quilt Company. Submitted by Shirley M.

Block of the Month



June



2014-15



September

Our Block of the Month program is wonderful!

If you didn't get a kit for 2014-2015, they will be available at the September meeting.

The cost is \$8 each.

Jersey Shore Quilters presents

*******Quiltfest 2014*******

This show will feature 100 locally hand made quilts.

September 20, 2014

9 AM to 5 PM

Good Shepherd Lutheran Church

708 Ocean Road—Route 88

Point Pleasant, NY

Cost: Good will donation

Free parking

For info call Lainie at (h) 732-892-6148 or © 732-691-0505

**THE BEACHPLUM QUILTERS
OF THE JERSEY SHORE, INC.**

P.O. Box 749

Island Heights, NJ 08732-0749

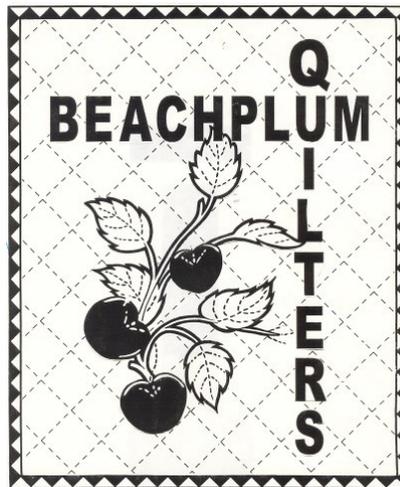
Meetings are held the 3rd Friday of
each month September through June at
the Presbyterian Church of Toms River,
1070 Hooper Avenue, Toms River, NJ 08753

DOORS OPEN AT 6 pm;

MEETING BEGINS AT 6:30 pm

www.beachplumquilters.org

E-mail: beachplumquiltmakers@gmail.com



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Block of the Month

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Debbie Perks

Show & Tell

Shirley Moramarco

2016 Quilt Show

Ellen Hyers

Shirley Moramarco

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Guild Activities

(vacant)

Crafty Fabrics

750 Mantoloking Rd., Brick, NJ 732-920-6220

Classes & Workshops available year round.

Tues-Fri 9:30a-4:00p Sat- 11:00a-4:00p

Tues & Wed 7 PM-9PM

www.craftyfabricsquilting.com

Diane@craftyfabricsquilting.com

10% discount to BPQ guild members!

Deadline for the next newsletter is

October 4, 2014

E-Mail your news using Arial font to

Marcia_guza@yahoo.com

**SEPTEMBER MEETING
REFRESHMENTS**

Pizza Party



Coffee and tea will be provided. Otherwise, bring your own beverage.

Assignments for additional refreshments are as follows: **K** through **O**—please bring a dessert, fruit dish or nosh.

Everyone else can participate if desired. Please remember to clean up your own dishes after the meeting. Please remember to bring your coffee mug, plate, utensils, etc., and to clean up your own dishes after the meeting.

NEXT MTG CHECKLIST

- Name Tag and a welcome smile for guests
- **2 Canned Items for the Church Food Pantry**
- Block of the Month
- Coffee Mug, Plate
- Show & Tell
- Assigned Refreshments

Luncheon Date:

April 11, 2015

Quilt Show Date:

April 2016